

## Brandon Based Resources

1. Trans Health Clinic
  - Dr. Carine Minders
  - Patients must be 17 years old or older
  - Monthly clinic
  - Phone: (204) 578-2513
2. SERC – Brandon
  - On-Site Drop-In Library
  - [brandon@serc.mb.ca](mailto:brandon@serc.mb.ca)
  - Unit C, 1700 Pacific Avenue Brandon, Manitoba R7A 7L9 Canada
  - Phone: (204) 727-0417
  - Fax: (204) 729-8364
3. BU LGBTTQ\* Collective
  - Email: [lgbtcollective@busu.ca](mailto:lgbtcollective@busu.ca)
  - [www.bulgbttq.com](http://www.bulgbttq.com)
  - [www.facebook.com/bulgbttq](https://www.facebook.com/bulgbttq)
4. Brandon Pride
  - Email: [brandonmbpride@gmail.com](mailto:brandonmbpride@gmail.com)
5. Knox United Church
  - Queer affirming spiritual guidance
  - Phone: (204) 727-6975
6. Smitten
  - Binders, Packers, Breast Forms, Gafts
  - Trans and Gender Nonconforming products and Sex toys
  - LGBT involved Business that offers nonjudgmental space for people to learn about sexuality.
7. LGBT2SQ+ Counselling
  - Individual or family counselling over gender, sexuality, and identity.
  - Email: [brandoncounselling@rainbowresourcecenter.org](mailto:brandoncounselling@rainbowresourcecenter.org)
8. Parents, Friends, and Family of trans Folks Support Group
  - Semi-underground, local secret support group
  - Ran by retired nurse (RN) who's child came out as Trans years before any local support.
  - Email: [brandon@serc.mb.ca](mailto:brandon@serc.mb.ca) to be put into contact
9. Westman LGBT Community Online Peer Support
  - Current LGBT events in the city
  - Facebook: Westman LGBT Community
10. Trans LifeLine
  - Phone: 1-877-330-6366

## Winnipeg Based Resources

1. Gender Dysphoria Assessment and Action for Youth (GDAAY)  
The GDAAY team offers coordinated and integrated care for youth along the spectrum of gender dysphoria, providing youth and their families with supportive services including assessment and treatment.
  - (204) 787-7435 ext 3
  - FAX: (204) 787-1655
  - Community Services FE 307 - 685 William Ave Winnipeg, MBR3E 0Z2
  - [gdaay@exchange.hsc.mb.ca](mailto:gdaay@exchange.hsc.mb.ca)
2. Winnipeg Transgender Support Group
  - [www.winnipegtransgendergroup.com](http://www.winnipegtransgendergroup.com)
3. Sexuality Education Resource Centre
  - (204) 982-7800
  - Suite 200-226 Osborne St N Winnipeg, MB R3C 1V4
  - [www.serc.mb.ca](http://www.serc.mb.ca)
4. Canadian Professional Association for Transgender Health
  - 1-250-592-6183
  - [www.cpath.ca](http://www.cpath.ca)
5. Klinik Crisis Support  
Visit the link for various crisis/support line numbers.
  - <http://klinik.mb.ca/crisis-support/>
6. Transgender Health Klinik
  - (204)784-4051 (Clients can self refer by calling this number)
  - Klinik on Portage 870 Portage Avenue Winnipeg Manitoba R3G 0P1(More Info)
  - <http://klinik.mb.ca/health-care/transgender-health-klinik/>
7. Our Own Health Centre  
Specializes in the care of Gay, Bisexual, and other men who have sex with men (MSM). Also offer Family Medicine to everyone. Offer same day appointments, walk-in visits, scheduled appointments, and daily sexual health visits (Walk-In)
  - Call 204-691-1600 or email: [reception@ourownhealth.ca](mailto:reception@ourownhealth.ca) to make an appointment
  - 286 McDermot Avenue, Winnipeg, MB R3B 0T2
  - [www.ourownhealth.ca](http://www.ourownhealth.ca)
8. Nine Circles Community Health Centre  
Expertise in the care and treatment of HIV, Hepatitis C and other sexually transmitted infections, Nine Circles delivers comprehensive primary care, social support, education and prevention services – creating healthier communities for Manitoba.
  - HIV/STI Drop In Clinic Hours
  - General Line: 204-940-6000
  - Toll Free: 1-888-305-8647
  - Clinic: 204-940-6001
  - Email: [ninecircles@ninecircles.ca](mailto:ninecircles@ninecircles.ca)

- 705 Broadway Winnipeg, Manitoba R3G 0X2

9. Out There Winnipeg

Provides opportunities for women and men to participate in sports and other recreational activities in good company with other members of Winnipeg's LBTTQ community.

- <https://www.outtherewinnipeg.ca/>

10. Rainbow Resource Centre

The Rainbow Resource Centre is a not-for-profit community organization that provides support and resources to the gay, lesbian, bisexual, transgender and two-spirit communities of Manitoba and northwestern Ontario.

- Includes a library affirming safer space in which diverse sexual and gender identities, orientations, and expressions are represented in a collection of material that promote awareness and education about our community's experiences.
- Provides single-session and short-term counselling to LGBT2SQ+ people and their partners, parents, or families.
- (204) 474-0212
- [www.rainbowresourcecentre.org](http://www.rainbowresourcecentre.org)
- 170 Scott St. Winnipeg MB, R3L 0L3